



Spectrum



RI District 3291

September 16, 2023

Weekly bulletin of Rotary Club of Salt Lake Metropolitan Kolkata

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“Matri Raksha” Fighting Anaemia in Women: 29th screening & treatment Camp Held on September 10, 2023 at Adibasi Para, Mohanpur Gate 16, Jaguli, Nadia along with multiple Rotary projects

Rotary Club of Salt Lake Metropolitan Kolkata - RID 3291

“MATRI RAKSHA”
Fighting Anaemia in Women
GG 1991152
Free Anaemia and Health Check-up and Treatment Camp

Chief Guest : Rtn. Hiralal Yadav (District Governor 3291)
10th September, 2023 (Sunday) | 10 am
Venue - Adibashi Para, Mohanpur 16 no. Gate, Jaguli, Nadia
Organized by : Manav Seva Ashram

Supported by : Rotary Club of Nidau Biel, Biel Bienne, Biel Bultenbourg, Switzerland - RID 1990 & The Rotary Foundation

RCSLMK held in association with Manav Seva Ashram and RI District 3291 the 29th Matri Raksha camp on Sunday, 10th September, 2023 in an almost dilapidated single storied building at Adibashi Para, Mohanpur. Gate 16, Jaguli, revenue District Nadia.



District Matri Raksha Project by RCSLMK was held on Sunday, September 10, 2023 at Manav Seva Ashram located at Adibashi para Haringhata Nadia. Total 57 women screened and given free iron, deworming and calcium medicine. It may be noted here that many women were detected with very severe Anemia and few with very high blood sugar, as high as 535.

Dr Aruna Tantia and Dr Debashmita Mukherjee examined and prescribed medicine and treatment advices.



Shuvranil and Somenath were there at the registration desk to generate and record health card of each beneficiary.



Alok, Kanchan and Sharmila took care of testing and recording health parameters that included weight, blood pressure, blood sugar and hemoglobin of each woman.

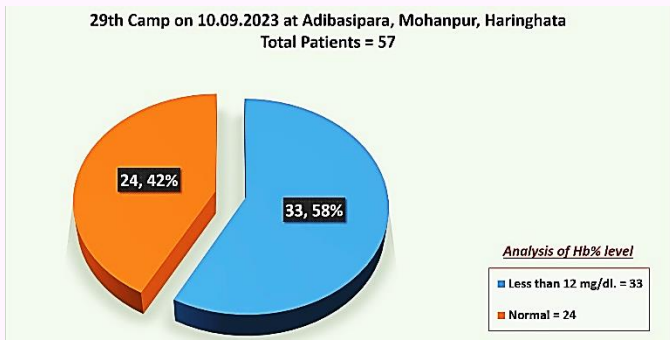


In the end Jhuma and Somdatta were there to distribute medicines with frequency of consumption, keep digital copies of health card of each beneficiary and advise their further actions including reporting.

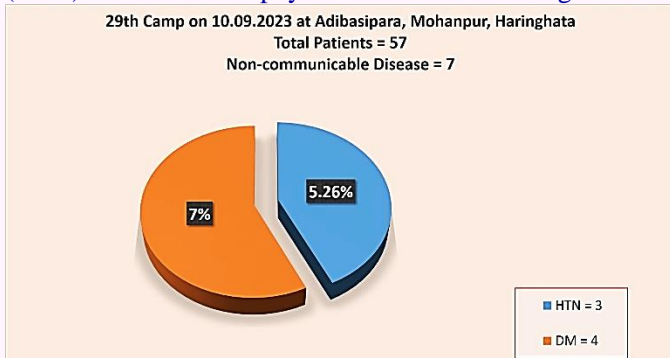
We meet calendar months' 2nd & 4th Saturdays at GPT Group, JC 25, Salt Lake, Kolkata 700098 at 6.00 PM

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According to camp analysis, 33 (58%) had hemoglobin level below 12 mg. /dl and 23 (40.3%) had severe anemia (<10 mg.). Around 4 (7%) patients were suffering from Diabetes (DM), 3 (5.26%) patients were suffering from Hypertensive (HTN) and referred to physician for further management.



Each beneficiary received nutritional booklet along with respective health cards from RCSLMK
Matriraksha could not be pursued due to paucity of time and energy among members of Medical Team



Along with anemia screening and treatment, RCSLMK held at the same location, Eye screening, District School Essay Project, drawing competition among the tribal children, including distribution of dresses along with coloring book and crayon.



Further, on the same day, Rotary District Governor Rtn Hiralal Yadav inaugurated RCSLMK sponsored ROTARY KATAGANJ SILAI KENDRA, situated at the nearby locality at Kataganj, where the 24th Matriraksha Project was held on August 6, 2023



District School Essay Project was also held by Rotary Salt Lake Metropolitan Kolkata at the same venue.



Drawing competition among the tribal children of Adibasi Para of Haringhata was also organized. To enable their participation, each participant was given coloring book and crayon.



Further, dresses were handed to the children by Dr Aruna Tantia, RCSLMK President Kusum Chamaria and Manav Seba Ashram president Bidhan Sarkar. RCSLMK organized eye screening at the same place on the same day was appropriately executed by Shankar Narayan Netralya under Avoidable Blindness Project.



Twenty-eight persons were detected with low vision. Six of the screened persons were detected with cataract. Free Cataract Surgery shall be done by Shankar jJoti Eye Institute on September 19, 2023. RCSLMK member Rtn Rajesh Chirral shall sponsor free glasses for each of them.



RCSLMK sponsored Rotary Kataganj Silai Kendra, tailoring training school for women, situated at the nearby locality, was inaugurated by Dist. Governor Hiralal Yadav.

Investiture ceremony recognizes new team of Interact club of DPS New Town



The investiture ceremony to recognize new team of leadership of Interact club of DPS New Town was held on Wednesday, September 13, 2023 at DPS New Town campus, where RCSLMK President Kusum Chamaria and her team comprising of Rtn Dr Rajesh Goyel and Meenal Chaudhary were present and decorated each Interact leader with respective Lapel pin.



RCSLMK President Kusum shared role of Interact club members and RCSLMK's ongoing service projects. She urged Interact members volunteer RCSLMK's upcoming projects.

Dr Rajesh Goyel responded to health issues of young school going students and suggested immediate actions thereof.

Ms Debjani Chatterjee, Teacher-in-Charge aptly coordinated and anchored the whole program.

Rotary History and Anecdotes

Rotary is a global network of 1.4 million neighbors, friends, leaders, and problem-solvers who see a world where people unite and take action to create lasting change – *across the globe, in our communities, and in ourselves.*

Rotary International is a global service organization whose stated human rights purpose is to bring together business and professional leaders in order to *provide humanitarian services, encourage high ethical standards in all vocations, and to advance goodwill and peace around the world.*

Rotary started with the vision of one man - *Paul Harris.* The Chicago attorney formed the Rotary Club of Chicago on 23 February 1905,

Over last 118 years, Rotary, like other surviving institutions, has changed itself to remain inclusive and contemporary *without compromising its dynamism and relevance.*

In this section, the editorial team of Spectrum would like to touch upon and share certain pertinent anecdotes from the rich history of Rotary. We appreciate and welcome considered opinion and views of our valued readers.

Why the Rotary year begins 1 July?



*Attendees at Rotary's first convention in Chicago in 1910.
Rotary's first fiscal year began the day after the convention ended.*

Ever wonder why 1 July is the beginning of the Rotary year? Initially, our conventions played a key role in determining the start date of our fiscal and administrative year.

Rotary's first fiscal year began the day after the first convention ended, on 18 August 1910. The 1911-12 fiscal year also related to the convention, beginning with the first day of the 1911 convention on 21 August.

The next August, the Board of Directors ordered an audit of the International Association of Rotary Clubs' finances. The auditors recommended that the organization end its fiscal year on 30 June to give the secretary and treasurer time to prepare a financial statement for the convention and board, and to determine the proper number of club delegates to the convention.

The executive committee agreed and, in April 1913, designated 30 June as the end of the fiscal year. This also allowed for changes to the schedule for reporting club membership and payments. Even The Rotarian changed its volume numbering system to correspond to the fiscal year (beginning with Volume 5, No. 1, in July 1914).

Rotary continued to hold its annual conventions in July or August until 1917. Delegates to the 1916 event in Cincinnati, Ohio, USA, approved a resolution to hold future conventions in June, mainly because of the heat in cities where most of them occurred. The next one was held 17-21 June in Atlanta, Georgia.

The term "Rotary year" has been used to signify Rotary's annual administrative period since at least 1913. An article in The Rotarian that July noted, "The Rotary year that is rapidly drawing to a close has been signaled by several highly successful joint meetings of Clubs that are so situated as to assemble together easily and conveniently."

Since the executive committee's decision in 1913, the end of the Rotary year has remained 30 June.

Source: *Rotary History*

RCSLMK participates in an Exhibition

Calcutta Chamber of Commerce and Ladies Forum organizes MINERVAS, a Lifestyle Exhibition powered by women at Hotel Hindustan International on September 21, 2023 from 11.00 hours onward. The program is supported, among others, by RCSLMK.

Calcutta Chamber of Commerce
LADIES FORUM
ESTD 1908

Minervas

Powered by Women

PARTICIPANTS

Alna By Dr. Nayan Mitra	Devanshi Didwania Ekal By Friends of Tribal Society	Nameg by Meghali Lahiry Photography By Nikhilesh Chande
Anu Dugar Label Arviih By Vidhi Roongta	Elegance By Sharda Kasera & Shalini Agarwal	Raginee By Ragini Kanoi
Banarsi & Weaves By Rupa Motwani	Fadka By Meenakshi Gupta	Rotary Salt Lake Metropolitan Kolkata
Bastralay By Nilam Chandak	Float Aweigh By Chandonaa Datta	Sahaj By Rekha Agarwal
BoredGames.In By Pooja Jajodia	Holistic Basket By Prabha Goyal	Silver Leaf By Saroj Jajodia
ॐ80Niti By Nitika Bagla	International Vastu Academy By Dr Sumitra Agarwal	SoullightNisha By Nishaa A Bihani
Daks Creation By Aruna Rampuria	Life On A Canvas By Chhayya Agarwalla	The Kantha Store By Farah Khan
	Lifee Force By Vinita Mohta	Up For Grabs By Rinki Agarwal
	Merald Curio By Shikha Golchha	Vara the Couture By Anju Barmecha & Ranjana Patawari
	Mishrit By Gaurangi J Choraria	Vintage Notes Papery By Ritu Kabra
		Wix and Wax By Ridhima Sureka

GraphicsQue

RCSLM has put up a stall as its NGO partners shall sell all women made baskets and goods made out of mangrove & wetland waste. There will also be unusual handicrafts made by women from tribal community. Spectrum readers are requested to attend with family to encourage all women initiative.

Upcoming Anemia screening and treatment camps under Global Grant 1991152 titled "Matri Raksha"

The 30th camp shall be on Sunday September 24, 2023 at Uttarpara in association with Rotary Serampore
The 31st camp shall be on Sunday October 1, 2023 at Patharghata, Newtown
The 32nd camp shall be on Sunday October 15, 2023 at Kulpi, in association with Rotary Kolkata Galaxy
The 33rd camp shall be tentatively on Sunday October 22, 2023 at Patharpratima, in association with Rotary Kolkata Galaxy

September is Basic Education and Literacy Month

TAILPIECE

World Patient Safety Day 2023

No one should suffer harm when seeking medical care. Yet, globally, more than 3 million deaths are linked to unsafe care each year. **On 17 September, we observe World Patient Safety Day.** This year we are focusing on the crucial roles of patients, families, and caregivers in healthcare safety. Evidence shows that when patients are treated as partners in their care, significant gains are made in safety, patient satisfaction and health outcomes.

Source: The Current 'Weekly Hot Topic' of World Health Organization.